

Digital Resources for Veterans with Parkinson's Disease and their Care Partners

The Parkinson's Foundation offers an extensive collection of books, fact sheets, videos, webinars, podcasts, and ways to connect. Below are some of our top Parkinson's disease (PD) resources.

Find everything you need to live better with PD at <u>Parkinson.org</u> and <u>Parkinson.org/Veterans</u>.

Veterans with Parkinson's

- Parkinson.org/Veterans webpage
- <u>FAQ Guide for Veterans with PD and their</u> <u>Care Partners</u> online publication
- Veteran's and Parkinson's fact sheet
- <u>Veterans and Parkinson's</u> webinar series

Newly Diagnosed

If you were recently diagnosed, you are not alone. We are here for you with resources and support to live well with PD.

- <u>Parkinson.org/NewlyDiagnosed</u> webpage
- <u>Newly Diagnosed Guide</u> online publication
- <u>Living Your Best Life with Parkinson's</u> online book

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All Stages of Parkinson's

- <u>Parkinson.org/Library</u> webpage
- <u>Frequently Asked Questions</u> online book
- <u>Fall Prevention</u> fact sheet
- <u>Exercise and Parkinson's</u> fact sheet
- Hospital Safety Guide online publication
- <u>Mood</u> online book
- <u>Speech and Swallowing</u> online book

All Foundation books available on Kindle

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Care Partners

- <u>Parkinson.org/Caregivers</u> webpage
- <u>Caring and Coping</u> online book
- <u>Top 10 Essential Caregiver Resources</u> blog

Ways to Connect

- <u>Helpline</u> Connect at 1-800-4PD-INFO (473-4636) or <u>Helpline@parkinson.org</u>
- <u>PD Health @ Home</u> weekly virtual educational, health and wellness programs
- <u>PD Conversations</u> online community forum to connect with peers

All available in English and Español



- <u>Parkinson.org/Español</u> sitio web
- <u>Podcast en Español</u> sobre temas relevantes de la enfermedad
- <u>Kit de Seguridad Hospitalaria</u>
- <u>Preguntas frecuentes</u> libro